

Tom Bridger PGA

My golfing career started in 1990 as a very enthusiastic 7 year old. My passion and drive through my amateur career was to always be a Golf Professional, I achieved this ambition and turned professional in 2003. My drive and passion now comes through in my coaching and I am committed to helping my clients achieve the best of their golfing ability/potential.

The knowledge I have since completing my PGA training has allowed me to develop a unique coaching style that has made a huge impact on my pupils games. I have also undertaken many courses in all areas of the game including; golf coaching techniques, psychology, NLP and bio-mechanics. I have a huge amount of golfing knowledge that can help you improve your own game, your friends and your families game.

I currently work with 'Challenge' and 'Europro' Tour professionals and I am



FREE 1 HOUR GOLF ASSESSMENT

Have you been stuck on the same handicap for a while?

Do you want to enjoy your golf more?

Fed up with paying out money to your friends?

Then you could benefit from a free golf assessment, through this process we can work out, your strengths, weaknesses and the areas for improvement. Working on these specific areas will help to lower your scores and bring back your enjoyment into the game.

You would be insane not to take up the offer, in the words of Dr Pepper 'what's the worst that could happen' it's a free look at your game and you are not tied into any further sessions, unless you feel I can make a difference in your game.

To book you assessment or lessons contact

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Betchworth

EST. 1911

Instructional PDF

Understanding Ball Flights

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Know the shot you are hitting

A very common fault that I come across in my teaching is that not everyone knows the type of shot they are hitting (the ball flight their swing produces). So here are the shots that are possible hit and the clubface and club path characteristics that are needed to hit them.

For me this is a great place to start, as it is the improvement in your ball flight, that will give you the biggest improvement in your game.

Please note, these examples are for a right handed player.

An Open clubface points to the right of Club path.
A Closed Clubface points to the left of Club path.

Please note that the clubface has more influence over the initial direction the ball will go, the ball will then curve AWAY from the direction of the club path.

Straight – clubface and club path square (straight to target)

Fade – ball that starts slightly left of target and then moves back to the target. Clubface slightly closed to target but slightly open to slight out to in club path.

Slice – ball starts left of the target and then moves to the right of target in flight. Clubface closed to target but open to out to in path.

Pull – The ball starts to the left of target then continues straight on this direction. Clubface closed to target but square to out to in path.

Pull Hook – The ball starts left of target then flies further left in flight. Clubface extremely closed to any club path

Draw – ball that starts slightly right of target then moves back to target in flight. Clubface open to target but slightly closed to slight in to out club path



Red line = Straight Club path

Yellow line = Out to In Club path

Blue Line = In to Out Club path

Hook – the ball starts to the right of target then curves to the left in flight. Clubface open to target but closed to in to out club path.

Push - The ball starts to the right of target then continues straight on this direction. Clubface open to target but square to in to out path.

Push Slice - The ball starts right of target then flies further right in flight. Clubface extremely open to any club path.

